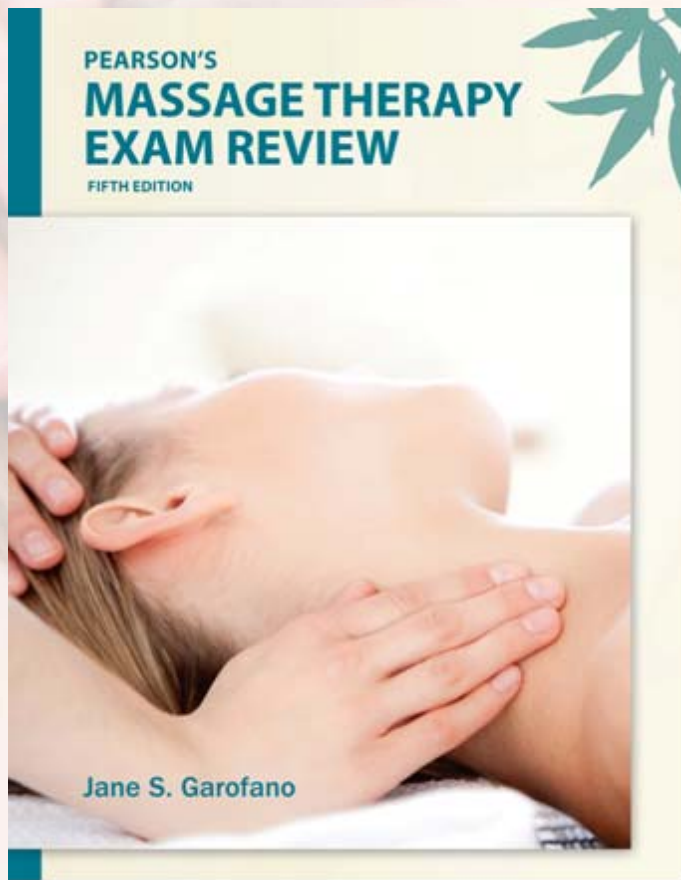


PEARSON'S MASSAGE THERAPY EXAM REVIEW

FIFTH EDITION



Requirements and Ethics

Requirements for Practice of Therapeutic Massage

- Define standards of practice
 - Principles massage therapists follow in conduct and practice as health care practitioners

Requirements for Practice of Therapeutic Massage

- Scope of practice
 - Determined by education, state, national regulations and legal boundaries
 - Do *not* work outside boundaries, personal or business
 - No diagnosis, advice, prescribing

Requirements for Practice of Therapeutic Massage

- Client privacy
 - Confidentiality, in and out of office
 - Client/therapist relationship-right of refusal by both, boundaries
 - 1996 Health Insurance Portability and Accountability Act (HIPAA)
 - Security of records, need client permission to release to insurance companies, doctors, etc.

Regulation for Practice by State

- License—law
- Certification—can be revoked, canceled, suspended

Regulation for Practice by State

- Education—500 hours standard or more for national exam
 - Varies by state or region (AZ, CA)
 - Minimum requirement—High school education
 - Continuing education—required by National Certification Board for Therapeutic Massage (NCBTM) and American Massage Therapy Association (AMTA)

Laws

- The requirements by each state to practice massage
 - Education, hours of training, license, certification

Professionalism

- Therapist's appearance
- Business demeanor
- Attitude
- Ethics
- Standards of practice
- Communication
- Truth in advertising
- Good records

Professionalism

- Have good communication skills
- Do no harm
- Maintain scope of practice
- Be sincere
- Be compassionate
- Have confidence
- Maintain good hygiene and health

Professionalism

- Educate
- Maintain boundaries
 - Outside of office
 - Physical

Professional Ethics

- Ethics
 - A code of morals of a person, group, and profession
 - Keeps concern for welfare of client, reputation, profession
- Code of ethics
 - Commitment to provide quality care to those seeking professional services
 - Be honest in business

Professional Ethics

- Code of ethics
 - Work in scope of practice
 - Ensure privacy, safe environment, and equal treatment to each client

Professional Ethics

- Code of ethics defined by professional organization
 - American Massage Therapy Association (AMTA), Associated Bodywork and Massage Professionals (ABMP), National Certification Board for Therapeutic Massage (NCBTM)

American Massage Therapy Association Code of Ethics

- Demonstrate commitment to provide the highest quality massage therapy/bodywork to those who seek professional service
- Acknowledge the inherent worth and individuality of each person by not discriminating or behaving in any prejudicial manner with clients or colleagues

American Massage Therapy Association Code of Ethics

- Demonstrate professional excellence through regular self-assessment of strengths, limitations, and effectiveness by continued education and training

American Massage Therapy Association Code of Ethics

- Acknowledge the confidential nature of the professional relationship with clients, and respect each client's right to privacy
- Conduct all business and professional activities within the scope of practice and the law of the land, and project a professional image

American Massage Therapy Association Code of Ethics

- Refrain from engaging in any sexual conduct or sexual activities involving their clients.
- Accept responsibility to do no harm to the physical, mental, and emotional well-being of self, clients, and associates